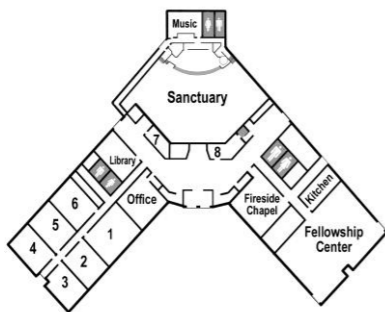


Sabbath School

10:00 am

Rm 1 – Beginners – 0-3
 Rm 6 – Kindergarten – 4-6
 Rm 2 – Primary – 7-9
 Rm 3 – Junior – 10-12
 Rm 5 – Earliteen – 13-15
 Rm 4 – Youth – 16+
 Rm 7 – Holy Spirit – Craig Frantz
 Music – Deaf Congregation
 Sanctuary – Laura Hamilton
 Sanctuary – Burton Boundey
 Fireside – David Allen, Wayne Alvarez
 Fellowship Ctr – Revelation – Samuel Wang
 Fellowship Ctr – Inductive – Jack Smith



Worship Service

11:10 am

Prelude	<i>O' Come, O' Come Emanuel</i>	Handbells
Welcome		Pastor Danny
Share Him		Wayne & Sheron Alvarez
Worship Through Scripture	<i>Psalms 32:8-10</i>	Leslie Cassagneres
Praise Hymn	<i>O' Come All Ye Faithful #132</i>	Congregation
Worship Through Giving	<i>Church Budget</i>	Rick Karlstrom
Offertory	<i>Carol Of the Bells</i>	Handbells
Kidz Corner		Nilda Rich
Worship Through Music	<i>God Christian Men Rejoice! #136</i> <i>Angels From the Realms of Glory</i>	Bells/Congregation Handbells
Worship Through Prayer		Carolyn Karlstrom
Bible Teaching	<i>Doing Life Together</i>	Pastor Roger
Closing Hymn	<i>I Surrender All #309</i>	Congregation

Organist/Pianist: Carla Cheney
 Head Deacon: Dwayne Alvarez
 ~ If you would like special prayer ~

Please come to the front of the Sanctuary following today's service...

Things You Can Do!

- ☞ **Lunch!** ~ Do you have a prepared lunch or a stocked pantry? Look for someone you don't know and if they are taken, invite someone over you don't know who you've been meaning to spend time with.
- ☞ **Plan Lunch!** ~ Plan to invite someone over for lunch next Sabbath as there will be no visitor luncheon.
- ☞ **Conference Call Prayer Meeting** ~ Plan to join us Tuesday mornings at 6:30 a.m. Call 518-825-1300; use Access Code: 558256.
- ☞ **Participate in the Mission/Vision Process!** ~ This process is very important to the future of our church and the future decisions we make. If you have not gotten involved yet, now is the time.
- ☞ **Remember, and Pray for, our Members in Care Homes** ~ Bea Byrnes, Eileen Dahlberg, Dr. LeRoy Nelson, Charlotte Roberts and Marion Zander.
- ☞ **Join the Community of Groups** ~ that are forming at the Adventist Community Church. These groups will form the basis of our Discipleship process for the church. If you aren't in a group, you aren't getting disciplined. Contact the church office for more information.
- ☞ **Louise Lawson has moved** ~ and would enjoy calls or visits from her church family, as she has been unable to attend church the past few months. Her new street address is: 10303 NE 184th St, Battle Ground, WA; mailing address is 11014 NE 197th St, Battle Ground, WA 98604; phone is 666-7872.

Local Events

- ☞ **Depression: The Way Out** ~ Pleasant Valley Church is offering two free introductory sessions to Dr. Neil Nedley's Depression Recovery Program, which concludes Monday, December 21, at 7 p.m. Dr. Nedley teaches how to improve brain function, maximize IQ in children, increase energy, boost concentration, engage in healthy sleep habits, improve physical performance and gain renewed hope. He also discusses the benefits and risks of psychiatric counseling and drug medications. Contact Jon Beaty at 503-698-4622 or go to www.roadmapsforlife.com.
- ☞ **Do you enjoy Old Fashion Gospel Hymns?** Join us for an afternoon of favorites from a bygone era featuring *The Sounds of Praise Gospel Quartet*, Sabbath, January 16, at 4 p.m here at the church. Invite your friends and neighbors. Seating is free, and a love offering will be taken.

Announcements

- ☞ **Thank you!** ~ We will be forever grateful to you, our church family, for the love you have shared with us in so many ways over the past two weeks. - Joyce Case and family
- ☞ **Don Albertsen** ~ passed away Sabbath morning, December 12. A private burial will transpire with a memorial service to be announced after the holidays.
- ☞ **Francis Blahovich** passed away December 14; no memorial service is planned. We can help the family out through prayers, calls and/or a visit.
- ☞ **The Adventist Book Center** ~ will be closed December 24 and reopen December 27. Download our sale flier at abcflyer.com.
- ☞ **Electronic Bulletin** ~ To view the bulletin before Sabbath morning, check our website www.vancouveradventist.com. The e-mail containing an electronic copy has been discontinued.
- ☞ **Sermon Copies Available** ~ A free sermon audio is available at www.VancouverAdventist.com or you can request a DVD (of the full service) in the Church Library. Don't forget to pick them up!
- ☞ **Bulletin Information** ~ needs to be in by Wednesday at noon.

Our Schools

- ☞ **Grandma's Fresh Apple Pies** ~ Support the CAA Freshman Class and the Athletic Department by buying handmade apple pies. For more information and an order form, see the bulletin board in the hallway.
- ☞ **The class of 2010 is selling fresh pressed Apple Cider** ~ If you are interested, please call the school office at 687-3161.
- ☞ **The class of 2010 is selling fresh-cut Oregon Christmas trees** ~ beginning Sunday, November 29, at the Bargain Center on 72nd Avenue. Noble Firs, Grand Firs and Douglas Firs of all sizes – \$15 each.
- ☞ **CAA office hours during Christmas vacation** will be: December 21-23, 9 a.m. – 2 p.m. December 28-30, 10 a.m. – 1 p.m. Regular office hours will resume on Monday, January 4, 2010.

Lessons for Life

From Christ's Object Lessons, p. 159

But no man can empty himself of self. We can only consent for Christ to accomplish the work. Then the language of the soul will be, "Lord, take my heart; for I cannot give it. It is Thy property. Keep it pure, for I cannot keep it for Thee. Save me in spite of myself, my weak, unchristlike self. Mold me, fashion me, raise me into a pure and holy atmosphere, where the rich current of Thy love can flow through my soul."

Community News

Join the LIFE Journal Revolution!

Last month, I decided that I was going to get in shape. It's a long story about how I came to that decision, but it involved years of neglect of my health, eating whatever I wanted, sleeping only when necessary, and avoiding exercise as much as possible. "That's it", I said to myself one day, "I can't stand looking at you anymore, and we are going to do something about it." So, early the next morning, I dragged out some old running clothes, sucked in my gut in order to get the shorts on, stuffed my feet into running shoes, left my wife sleeping blissfully, and treadmilled my way through twenty-five tortuous minutes of great pain, rivers of sweat, and profound questioning of my own sanity. After carefully considering whether the dull ache in my side was an early sign of a heart attack (I'm pretty sure it wasn't), and deciding that calling "911" was not necessary, I made my way back into the bathroom to start getting ready for work. As I passed by the mirror, I did what all guys do: I checked myself out to see what a manly man I was! Amazingly enough, I found myself disappointed that I wasn't looking better already! Apparently, I expected that one early morning workout was somehow going to counteract years of early morning Krispy Kremes, lunchtime cheeseburgers, and an incredible attraction to late night Doritos! I was really upset! "THIS ISN'T WORKING!", I thought. I was ready to quit on the spot. Thankfully, I didn't, and today, one month later, the exercise is easier, the sweat is less profuse, and the pain is virtually gone. The guy in the mirror still isn't eighteen, but he has gradually gotten a bit less offensive!

I am struck by how similar this process has been to spending time in the morning, every day, studying the Bible, journaling, and praying. When I first started doing that, to be honest, it was painful! I'm not a morning person, and I'd much rather sleep than get up to read the Bible. More to the point, though, when I did manage to get up for quiet time, I found myself disappointed that I didn't change right away! "I mean, come on! I read the Bible this morning! How come I just said that horrible thing to my kids? Why do I still struggle with my temper? THIS ISN'T WORKING!" What I know now is that it takes time. It took me a lot of years to make myself a spiritual mess, and a few mornings with Jesus doesn't take all those old habits, thoughts and flaws away instantly. He has promised that when I seek Him, I will find Him, but He doesn't say it will take 5 seconds. I believe that knowing Jesus is a journey, one that is well worth it and one that is life-changing, but I also know that if you give up on it too soon, you will miss an amazing journey. I haven't gotten rid of all my messes and flaws yet, by any means, but with His help, I guess I find myself "a bit less offensive" now!

Church Finances

	Church Budget	Building Fund	Student Aid	Signs Box
Monthly Goal	\$19,014	\$20,382	\$5,000	\$85
Rec'd Sabbath 12/12/09	\$2,973	\$2,724	\$396	\$5
Rec'd MTD	\$6,048	\$4,937	\$549	\$10
Rec'd YTD 07/01/09	\$87,407	\$207,583	\$13,082	\$106

This Week at a Glance

Today	Feed a Visitor – At your house! Sabbath Ends	4:28 p.m.
Tuesday	Conference Call Prayer Meeting	6:30 a.m.
Wednesday	Binding the Wounds Bell Choir Practice	7:00 p.m. 7:00 p.m.
Thursday	Christmas Eve	
Friday	Christmas! Sabbath Begins	4:31 p.m.

Speakers Coming Up

December 26	<i>The Christmas Gift of Love</i>	Pastor Jeff
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Offering

Offering Next Week:	OC Youth/Education Fund	
Monthly Church Budget		\$19,014
Monthly Mortgage Payment		\$20,382

Church Office Information

1-5 p.m. Monday-Thursday
9711 NE St Johns Road, Vancouver, WA 98665
Phone 360-696-2511
Email: VancouverAdventist@gmail.com
Website: www.VancouverAdventist.com

Ministers	Everyone	ask-them
Senior Pastor	Roger Walter	696-2511
Associate Pastor	Jeff Richards	666-0039
Assistant Pastor	Danny Kim	503-572-5594
Ministry Associate	Doris Krenzler	573-1803
Office Manager	Jack Smith	696-2511
Community Service Center	Mon-Tues 9:30-3:00	695-8632



Seventh-day Adventist Community Church

of Vancouver, WA

December 19, 2009